

Welcome to THRIVE,  
the nation's first Trauma-Informed  
System of Care for children.

### What is a Trauma-Informed System of Care?

A system of care is a network of local services and supports for children and youth with serious mental health needs and their families. A system of care helps children, youth, and families thrive at home, in school, and the community. It is family-driven, youth guided, culturally & linguistically competent, and trauma-informed.

Trauma-informed service providers understand the effects of trauma and avoid retraumatizing those who seek services.



### For more information about the evaluation contact:

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### For more information about THRIVE contact:

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## Evaluation Process

Let your voice be heard...



THRIVE is a partnership between Children's Behavioral Health Services, a division of the State of Maine's Department of Health and Human Services, and Tri-County Mental Health Services, Maine's leading mental health provider in trauma-informed care. The THRIVE initiative is more than a referral network — it is a new way of working together to meet the needs of all children and families. It is a system built in partnership with youth, families, and communities. The six year initiative is funded by the Federal Substance Abuse and Mental Health Services Administration (SAMSHA) and the State of Maine.

### About the Evaluation Program

The evaluation collects information from you that will help guide services for children and families. It is conducted by family members who have also used services and understand the challenges you face.

### What's in it for me?

We understand that this is a big commitment. To show our appreciation, families will be paid \$50, in the form of a gift card, for every interview. In addition, you will be helping us improve services and systems for families.

### Who is interviewed?

We will talk with one of the following:

- parents
- guardians
- foster parents
- grandparents

\*Youth age 11 and older who are receiving services may be interviewed if a parent or guardian agrees. They will be paid as well.

### What kind of questions are asked?

We ask you about your child's behavioral and emotional strengths, behavioral issues, school experiences, family life, service history, support systems, and trauma history.

### How much time will it take?

- An evaluation interviewer will meet with you once every six months over the next three years
- Length of interviews vary

### When and where are the interviews?

We know that you have a busy life. We want to make the interview easy for you. If you cannot meet us on a weekday, we can set up an evening or weekend interview:

- daytime
- evenings
- weekends
- at a community location
- at your home

### Do I have to Participate?

No. Participation is completely voluntary and no one is interviewed without written permission. Your decision to participate or not will not affect the services you receive now or may receive in the future.

### What happens to the information I share?

We take the privacy of your information very seriously. Your family evaluator will collect the information and only key members of the THRIVE team will have access to it. It will be added to information from other families with names removed. We will never mention your name in any report.

**We hope you will join the THRIVE evaluation. Your input will help us improve services for years to come.**

