

Clinical and Evidence Based Practice Committee meeting
 07/10/06
 CMMC – conference room B& C 5:30 – 7:30

Present: Brenda Bennett, Lisa Bishop, Laurie Cavanaugh, Mary Chouinard, Andy Cook, Pam Edwards, Sharon Gagne, Ronda McLaughlin, Ann Petroska, Mark Rains, Carol Tiernan, Kara Thurlow, Sandra Worthington, Melanie Swift

Item: Discussion: Time:

<p>1. Introductions/House Keeping 2. Trauma Informed System of Care</p>	<p>The meeting opened with introductions followed by a brief overview of the system of care grant. The grant overview included a review of year one’s time line and the charge to the committee to produce recommendations by October 1, 2006.</p>	<p>.</p>
<p>Review of Last Meeting</p>	<p>None</p>	
<p>3. Today’s business Presentations: Co-chair Laurie Cavanaugh presented: Family Perspectives on Promoting an Evidence-based Culture for Children’s Mental Health</p>	<p>Excerpted pieces from the presentation included: Evidence Based Practices + Practice Based Evidence = Evidence Based Culture, key features of an evidence-based culture: skills = recruit & train culture brokers, advocacy training for families, social marketing, trust overcoming historical trauma, accountability = manual and standards for implementation, monitoring and fidelity, jargon free descriptions of underlying mechanisms. She included a hand out “Developing Resource Guides to Promote an Evidence-Based Culture from: NASMHPD Research Institute and FFCMH. She also highlighted one parent’s response to a recent needs survey which included a list of unmet needs: social & life skills education, education, lack of collaboration, OT, self esteem and anxiety awareness education/training.</p> <ul style="list-style-type: none"> • Evidence Based Cultures must demonstrate positive outcomes 	

One parent related that when she tries to advocate or ask questions the provider comes off as “extremely secretive” and doesn’t seem to want to include her in the treatment. Further group discussion lead to these recommendations for the system of care:

2) Develop pamphlet, educational trainings that assists parents to: understand the goals and objectives of treatment including the pros and cons of medications. This should be done in “lay terms” and include questions parents should ask providers.

Dr. Cook continued his power point with a case example that demonstrated that research and evidence has proven that children should not be treated alone; the full picture must be looked at when considering treatment including recognizing that parent and family are the experts on the child. This macro view, especially in systems of care, recognizes that there may be additional actions that need to take place to support the child and family, for example: identifying trainings and programs that can assist the parent or care giver in developing skills to better manage the child’s behaviors. The audience commented that when viewing the power point slide of the case study on its own it appeared to be blaming and shaming of parents. They acknowledged that the verbal explanation and discussion put the slide in a different context especially with the example of family systems therapy as evidence based treatment. This discussion produced the following recommendations for the system of care:

3) Parents and family need to be recognized as experts regarding their children

4) All services should be delivered from a strengths not deficit perspective (recognizing the strengths of the family and child)

5) *Natural and community supports should be recognized and available to parents.*

Other parents in the group pointed out that there are highs and lows in the current system. Most felt that the services merely stabilize and do not work for positive long term resolution. One parent related that “they felt they were always going backward instead of moving forward.” The child may improve a bit, provider stops services, services are only received again when child is in crisis “moving backward”. The following recommendations were made for the system of care:

6) *A care model should be developed that includes a long term future looking proactive, preventive plan*

7) *Parents, caregivers and children need education in the care plan to prepare and plan for the future*

One parent raised that question about the inclusion of the school system. Information was related that Nancy Connley from the Dept of Education was on the governing committee. Also related was that there has been one meeting with special education and head start in Androscoggin county. Unfortunately, barriers exist around this group including: this group only working during the school year and not being available after school hours. Mark Rains related that the grant has five years to go and that education will be targeted in subsequent years of the grant.

8) *Recommended the inclusion of members from the school systems. Ask Nancy Conley to recommend someone from education to participate on the committee. Current committee members will also recruit education staff to participate*

<p>4. Wrap up- Review of meeting and assigned tasks</p>	<p>The meeting wrapped up with co-chairs reviewing charge to the committee to review and recommend evidence based and practice based evidence to the system of care. The committee agreed to:</p> <ol style="list-style-type: none"> 1) <i>Adopt a process of assigning volunteers at each meeting to review specific literature and report to the committee their findings at the following meeting.</i> 2) <i>The group was given: Taking Charge: An Introductory Guide to Choosing the Most Effective Services for the Mental, Behavioral, and Emotional Health of Youth Within a System of Care by GK Porter, PsyD., and W.C Turner, Ph.D. to review and be prepared to discuss at the next meeting.</i> 3) Many of the recommendations from this meeting will be forwarded to the Social Marketing committee of the grant. Melanie will review the purpose of the Social Marketing committee at the next meeting. <p>The next Evidence Based Practices committee meeting is scheduled for July 24th, Monday from 5:30 to 7:30 at CMMC in conference room B & C.</p> <p>Please contact Melanie Swift 783-9141 X 237, mswift@tcmhs.org to find out about participating via tele-conferencing from Stephens Memorial Hospital.</p>	
<p>5. How was today's meeting? Family drive, Youth guided, Culturally competent</p>		

