

Clinical & Evidence Based Practice Committee
 10/24/06
 THRIVE

Present: Lisa Bishop, Andy Cook, Pat Proulx-Lough, Mark Rains, Melanie Swift, Susan Verrill

Item: Discussion: Time:

| | | |
|--|--|--|
| 1. Introductions/Check In | | |
| 2. Review of Last Meeting | | |
| <p>3. Today's business</p> <ol style="list-style-type: none"> 1. New location 2. Treatment Review - review 3. Abuse Focused Cognitive Behavioral Therapy SPARC | <p>Welcome to THRIVE's new location!</p> <p>The committee reviewed which EBPS remain to be reviewed.</p> <p>The committee reviewed:</p> <ul style="list-style-type: none"> • AF-CBT Abuse Focused Cognitive Behavioral Therapy • SPARC Structured Psychotherapy for Adolescents Responding to chronic Stress • See attached reviews of both <p>The committee decided to forgo an in-depth review of PCIT Parent Child Interactive Therapy because to the extensive equipment required to do the therapy: 2-way mirror, ear microphone, video camera</p> | |
| <p>4. Wrap up</p> <ul style="list-style-type: none"> ➤ Review of meeting and assigned tasks, ➤ Set next meeting agenda | <p>The committee would like to review one more treatment CBITS – Cognitive Behavioral Interventions for Trauma in Schools. While not ranked as totally evidence based it is ranked by NCTSN: as supported and probably efficacious. The committee felt that this treatment falls</p> | |

| | | |
|--|--|--|
| | <p>under the heading of “prevention” as it includes parent and teacher education sessions.</p> <p>This next meeting will wrap up the review of EBPs and work on drafting recommendations.</p> <p style="text-align: center;">The next committee meeting is: November 7, from 10:00 – 12:00 at THRIVE, 124 Canal St.</p> | |
| <p>5. How was today’s meeting?</p> <ul style="list-style-type: none"> ➤ Was it family driven ➤ Youth Directed ➤ Culturally Competent ➤ Trauma Informed | | |

Parking Lot Items: Issues to be addressed at a later time if not at the next meeting.

Each committee may want to start with a brief review of System of Care Committee principles:

- Each voice is valid and respected
- Each person’s reality is unique and valuable
- Expertise comes from many sources
- Process is the foundation for decision-making: To identify where Authority is and why, and how power is defined and shared.
- Information flows in and out
- Meetings are focused and productive with a shared vision
- Transparency builds trust
- Trust builds relationships
- Leadership encourages collaborative strategies
- Participation is meaningful