



FAMILY COMMITTEE MEETING
June 12, 2007, 10:00 – 11:30 a.m.

- Each voice is valid and respected
- Members are respectful of one another
- Each person’s reality is unique and valuable
- Expertise comes from many sources
- Process is the foundation for decision-making
- Meetings are focused and productive with a shared vision
- Transparency builds trust
- Trust builds relationships
- Leadership encourages collaborative strategies
- Participation is meaningful

1. Introductions/Check In/Welcome	Tonya Labbe, Chair; Diane Bouffard, Chair; Margaret Degon; Kathy Tisdale; and Virginia Jewell.
2. Business Items	<p>Resource List for Families is almost final! When it is complete Tonya will e-mail to all members.</p> <p>“Responding to Youths With Mental Health Needs: A Police Pocket Guide” – Tonya received feedback from Detective Bradeen on May 17, 2007. He had a patrol unit review the guide as well. Due to the feedback received the committee is rethinking the project and how we deliver the resource guide and in what venue.</p> <ul style="list-style-type: none"> • Tonya will contact Kim at NAMI to see if we can discuss options via their CIT program. • Also, gathering feedback from the sheriff department was also suggested. Diane provided the contact information for the Franklin County sheriff department and the Farmington police department. • Kathy mentioned that the Waterville Police provides a card with domestic violence information that is the size of a business card. Maybe condensing the pocket guide information, or at least providing the family organizations information on a business card would be better received by the patrol units. <p>The committee discussed the evaluation and came up with some issues and questions for Kara and Sarah:</p> <ul style="list-style-type: none"> • NEED TO ADDRESS THE NATURAL SUPPORT PIECE <ul style="list-style-type: none"> ○ Do your natural supports help or hinder? Parents, friends, grandparents supportive? ○ Who are you natural supports? Family members, friends, etc.? ○ Do you have someone to take your child/youth for a few hours? Overnight? ○ Do you have a friend that you can talk to to de-stress? ○ Do you as a family member participate in any spiritual activities, organizations or clubs?

- Does your child/youth participate in any spiritual activities, organizations or clubs?
- How many phone calls per day are dealing with your child/youth's service needs?
- Do you cringe when the phone rings?
- How much prep work and time does it take to leave your child/youth in someone else's care?
- Do you have monies or access to monies for recreational activities for you? For your child/youth?
- Does your child/youth receive phone calls from friends?
- Does your child/youth get invited over to a friend's house? To birthday parties, etc.?
- Can you leave your child/youth alone at home for any extended period of time?
- Do you get 5-6 hours of uninterrupted sleep per night? 2-4 hours of uninterrupted sleep per night?
- Does your spouse or partner participate in obtaining services for your child/youth?
 - Are they the primary caregiver?
 - Primary support person?
 - Percent of time care is provided?
- Is there stress on the marital relationship or partnership?
- Do you receive calls at work in relation to your child/youth? How many calls per month?
- Have you been terminated from employment due to attending meetings or appointments for your child/youth?
- Have you missed promotions due to your attendance record at work?

The committee has decided to move forward with the Stressometer cards. Arabella has approved the purchase of 1,000 of them! Elaine, our administrative assistant will work on the order.

The WFWC update:

- We currently have 11 people signed up for the conference in September (7 parent, 1 youth and 3 professionals). Thank you to all of the organizations that have forwarded the save the date via their list serves!

	<p>The Request for Proposal was briefly discussed for the managed care company that will provide services. There were eight applicants that submitted their proposals to the state. The review committee for the bids will include one consumer and one parent.</p> <p>Tonya asked is we could combine the What Families Want Conference and the Family Committee just until after the conference in September. It was agreed. While the Family Committee has been meeting once a month, we will now be meeting on June 26; July 10; July 24; July 7 has been cancelled; and August 14th with the WFWC planning committee.</p>
<p>4. Tasks</p> <ul style="list-style-type: none"> ➤ Review of meeting and assigned tasks, 	<p>Tonya to contact Kim about the CIT Program.</p>
<ul style="list-style-type: none"> ➤ Set next meeting agenda 	<ul style="list-style-type: none"> • Assist with the WFWC planning • Review of the presenters/forms completed. • Updates
<p>6. Next Meeting</p>	<p>Joint meeting with the What Families Want Planning Committee on June 26, 2007, from 10-11:30 a.m. here at THRIVE.</p>