



### Contact Information:

please visit  
[www.thriveinitiative.org](http://www.thriveinitiative.org)

Or call Thrive's Technical Assistance Coordinator at  
**782-5783 or 1-877-784-4705**

Ineffective programs can be implemented well (e.g. DARE program, Elliot, 1997; Ennet, Tobler, Ringwalt, & Flewelling, 1994).

Effective programs can be implemented poorly (Fixsen & Blasé, 1993; Fixen, Blasé, Timbers, & Wolf, 2001).

Neither one is desirable.

Desirable outcomes are achieved only when effective programs are implemented well (Fixen, et. Al., 2001; Leschied & Cunningham, 2002; Washington State Institute for Public Policy, 2002)



## Training & Technical Assistance

THRIVE Initiative  
PO Box 2008  
Lewiston, Maine 04241-2008  
782-5783  
1-877-784-4705

Thrive's technical assistance mission is to assist providers, youth, and families transform the service delivery system that serves youth with Severe Emotional Disturbance (SED), and their families.

The provision of technical assistance is based on the core values and guiding principles of the system of care: **Family Driven, Youth Guided, Culturally/Linguistically Competent, and Trauma Informed**. It is paramount to promote the role of families and youth as equal partners.

As a six year Federally funded System of Care site, Thrive has access to national expertise on policy and program development, implementation and sustainability. Thrive's designation as a System of Care affords it the ability to collaborate and work with other systems of care nationally.

Technical Assistance for Child and Family Mental Health helps communities transform the way services are delivered to children and families.

Thrive is a purveyor of evidenced based practices. A purveyor can help organizations and systems stay on track, and can help recognize and solve common implementation problems in a timely and effective manner.

**Examples of evidenced based and promising practices Thrive can assist with:**

**Trauma Focused Cognitive Behavioral Therapy**

**Child Parent Psychotherapy**

**Say it Straight**

**Achieve My Plan**

## **Training and Technical Assistance Opportunities**

- **Trauma Overview**
- **Family Driven Care**
- **Public School Professional Development on the Effects of Trauma on Learning**
- **Family Partnering**
- **Cultural Competency**
- **Trauma Informed Agency Assessment**
- **Youth Guided Involvement**

